

Freedom from Bondage

October 3rd & 4th, 2025

Friday and Saturday in-person at the Victoria Inn Hotel & Convention Center 1808 Wellington Avenue, Winnipeg, Manitoba, Canada

FRIDAY, OCTOBER 3

Registration Opens / Fellowship 6:00 pm

7:15 pm **Opening Remarks**

7:30 - 8:45 pm A.A. Speaker, Candice A. (Salt Spring Island, BC)

9:00 pm A.A. Call-Up Meeting

SATURDAY, OCTOBER 4

8:00 am Registration Opens / Fellowship

8:45 am **Opening Remarks**

9:00 - 10:15 am A.A. Speaker, **Trevor T.** (Winnipeg, MB)

10:15 - 10:30 am BREAK

10:30 - 11:30 am **A.A. Workshops**

11:30 - 1:00 pm **LUNCH BREAK**

1:00 - 2:00 pm A.A. Young People's Panel

A.A. Speaker, **Kirsten L.** (Vancouver, BC) 2:00 - 3:15 pm

3:15 - 3:45 pm **BREAK**

3:45 - 5:00 pm Al-Anon Speaker, **Joanne M.** (Winnipeg, MB)

5:00 - 7:00 pm **DINNER BREAK**

7:00 - 7:30 pm Sobriety countdown

7:30 - 8:45 pm A.A. Speaker, **Bob D.** (Las Vegas, NV)

Dance & Fellowship 9:00 pm

Tickets \$25 (Alateen \$10)

Available at Manitoba Central Office 204-942-0126

Payment by cash/cheque or e-transfer to: keystoneconference@aamanitoba.org

*Include your name/telephone # along with "Keystone Conference tickets" in the memo

For more information email: KeystoneConference@aamanitoba.org

* ASL-English Interpretation is available for the specific meetings if requested by Sept 15th

REGISTER EARLY (before Sept 15th) for the **Conference Room Rate \$155**.00 / night (plus taxes)

Call for Reservations: 1-877-842-4667

When reserving rooms mention that you are attending the Keystone Conference.



Celebrating 81 years of Alcoholics Anonymous in Manitoba!